# Pet Loss Support Resources

# OTHER PET LOSS SUPPORT GROUPS

## Berkeley East Bay Humane Society

Pet Loss Support Group (free) 3rd Tuesday of each month | 7 - 8:30 pm BEBHS, 2700 Ninth St. Berkeley, CA (510) 393-1359

## Humane Society Silicon Valley

Pet Loss Support Group (free) 1st Tuesday of every month | 6:30-7:30 pm 901 Ames Avenue, Milpitas, CA 95035 (408) 262-2133 x178 or hssv.org

## The San Francisco SPCA

Pet Loss Support Group (free) 1st Tuesday of every month | 7:30-9pm 243 Alabama St. entrance (at 16th St.) (415) 554-3000

PENDING, please call for info: **Pathways Home Health and Hospice** Pet Loss Support Group (free) Wednesday evenings 6:30-8:00 585 N. Mary Avenue, Sunnyvale Contact: Heidi Remmers (408) 481-3220 x6420

# PET LOSS COUNSELORS

Dr. Betty Carmack, R.N., Ed.D. (415) 334.5036 Grief Counseling for pet owners

Christine A. Kenworthy, PhD, RN (650) 737.1883 Led PHS/SPCA Pet Loss Support Group several years

Vicki Traylor, MFT (650) 771-2707 or vtraylor@vizia.com currently forming 6 week group sessions also offers private counseling in Redwood City

### East Bay

Audrey Spector, M.A., M.F.T. 1398 Solano Ave., Albany, CA 94706 (510) 704.5502 individual counseling

# PET LOSS SUPPORT HOTLINES

The ASPCA (877) 474-3310 | seven days a week

The Nikki Hospice Foundation for Pets (707) 557-8595 | seven days a week www.pethospice.org

Washington State University College of Veterinary Medicine (866) 266-8635 | M-Th, 7 to 9 pm & Sa 1-3pm

#### Cummings School of Veterinary Medicine at Tufts University (508) 839-7966 | M-F, 6 to 9 pm (EST)

## **CRISIS LINES**

This list was compiled to assist in getting additonal support in times of crisis. The list is only a partial list of services. It is the responsibility of the individual seeking services to assure that the service meets their needs. These agencies are not endorsed by PHS/SPCA.

San Mateo County 24 Hour Crisis Hotline (650) 579-0350

San Mateo County 24 Hour Teen Crisis Line (650) 579-0353

San Mateo County Parent Support Line (650) 579-0358

San Mateo County Drug & Alcohol Helpline (650) 573-3950

Sutter VNA & Hospice Bereavement Support Groups & Programs (San Mateo Area) (650) 685-2830

Linea Nocturna (Spanish, 8pm-midnight) (800) 303-SIDA (7432)

California Youth 24 Hour Crisis Line (800) 843-5200

National Suicide Prevention 24 Hour Lifeline (800) 273-TALK (8255)

National Domestic Violence Hotline (800) 799–SAFE (7233)

Friendship Line for Elderly (Crisis Line, over 60) (800)971-0016